



TRAINING LOGISTICS

Athletes can use the facilities of Papendal to train every day during the specific opening hours. Accreditation is mandatory. From the drop off point there will be signage towards the indoor facilities, weightlifting room and the athletics track. In addition, long distance runners are allowed to use the other paths at Papendal.

OPENING TIMES OF TRAINING VENUE

Monday 3 March Training 14:00 - 18:00

Tuesday 4 March Training 09:00 - 12:00
Training 14:00 - 18:00

Wednesday 5 March Training 09:00 - 12:00
Training 14:00 - 18:00

Thursday 6 March Training 09:00 - 12:00
Training 14:00 - 18:00

Friday 7 March Training 09:00 - 12:00
Training 14:00 - 18:00

Saturday 8 March Training 09:00 - 12:00
Training 14:00 - 18:00

Sunday 9 March Training 09:00 - 12:00
Training 14:00 - 18:00



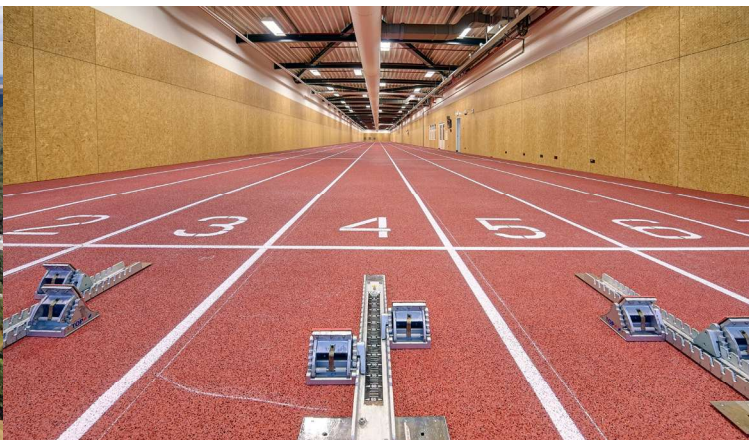
ACCESS AND ACCREDITATION

- Athletes and coaches only have access with their personal accreditation of the event.
- We know that training sessions will be in high demand, so we are asking teams to indicate which training facilities they would like to use and when. It is not possible to use all the training areas at the same time, so we are planning to draw up a more detailed schedule with the information.
- Athletes can get their equipment from two distribution areas (one outside at the track and one inside). Exact locations to be decided.
- We have one weightlifting room at Papendal that can be used during training times.
- The teams have no access to the restaurant at trainingvenue Papendal.
- The icebaths will be organized and offered at the venue Omnisport, so it is not allowed to bring your own.



TRAINING

LOCATION PAPENDAL



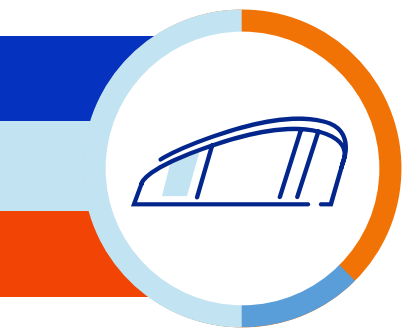
During the European Championships Indoor 2025 Apeldoorn the athletes will use the training centre Papendal in preparation for the event.

Sports Center Papendal is the largest top sports training center in the Netherlands. Nowadays, more than 500 top athletes use top facilities every day. Papendal has been used as a training location for top sports since the 1970s. The Dutch Athletics Federation is located at the sportcentre.

Papendal has two weightlifting rooms, an athletics indoor hall (shot put, high jump, pole vault) and a 130m long indoor sprint hall, including long jump and triple jump (with only 11m approach). Outside we have the opportunity to jump on a 11m and 13m approach. We will only use one weightlifting room during the tournament. There will be medical care at Papendal, location to be decided.

We kindly ask all the teams to sign in for training and specific areas. This way we can offer all the athletes the best preparation. The form will be sent to all the teams.

Training area:
The outside track has the same opening hours as the indoor facilities.



OMNISPORT

GETTING TO KNOW THE VENUE



The European Athletics Indoor Championships 2025 will be held in Omnisport Apeldoorn.

This multifunctional sports accommodation has a cycling track, a top sports hall and an athletics track. Top performances are regularly delivered and records broken here. The A-status makes this the only location in the Netherlands where European and World Championships for track cycling and athletics may be held. If you want to see more of the venue: www.omnisport.nl.

All the evening sessions are sold out and the LOC has the ambition to also sell out all the morning sessions. It will be the first time that there will be extra stands build on the cycling track and with more than 5.000 athletic fans it will be an amazing experience for everyone who's involved.

There are still tickets available for the morning sessions at www.apeldoorn2025.nl.