EUROPEAN ATHLETICS THROWING CUP NICOSIA 2025





| | Saturd | lay 15h March 2025 | | |
|--------|-----------------|--------------------|-----------|-------|
| Hour | Event | Gender | Category | Venue |
| 10:00 | Hammer Throw | M | U23 | V 1 |
| 10:15 | Javelin Throw | W | U23 B | V 2 |
| 11:30 | Shot Put | M | U23 B | V 1 |
| 12:00 | Javelin Throw | W | U23 A | V 2 |
| 12:30 | Hammer Throw | W | Senior B | V 3 |
| 12:30 | Hammer Throw | W | Senior A | V 1 |
| 13:00 | Shot Put | M | U23 A | V 1 |
| 15:00 | Discus Throw | M | Senior A | V 1 |
| 15:00 | Discus Throw | M | Senior B | V 2 |
| 15:05 | Shot Put | W | Senior B | V 1 |
| 15:15 | Discus | W | U23 B | V 3 |
| 16:45 | Shot Put | W | Senior A | V 1 |
| 16:50 | Discus | W | U23 A | V 3 |
| 17:25 | Javelin Throw | W | Senior A | V 1 |
| 17.125 | Juvenin Till Ov | | Jenior 70 | |
| | Sunda | y 16th March 2025 | | |
| Hour | Event | Gender | Category | Venue |
| 10:00 | Hammer Throw | W | U23 | V 1 |
| 10:15 | Discus Throw | M | U23 A | V 2 |
| 10:15 | Discus Throw | M | U23 B | V 3 |
| 10:25 | Shot Put | W | U23 B | V 1 |
| 11:45 | Shot Put | W | U23 A | V 1 |
| 12:05 | Javelin Throw | M | U23 | V 2 |
| 12:25 | Hammer Throw | M | Senior B | V 3 |
| 12:25 | Hammer Throw | M | Senior A | V 1 |
| 15:00 | Javelin Throw | M | Senior A | V 1 |
| 15:00 | Javelin Throw | M | Senior B | V 2 |
| 15:05 | Shot Put | M | Senior B | V 1 |
| 16:55 | Shot Put | M | Senior A | V 1 |
| 17:20 | Discus Throw | W | Senior A | V 1 |
| 17:20 | Discus Throw | W | Senior B | V 2 |