

TEAM MANUAL

18 - 21 JULY 2024 • SLOVAKIA

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1. GENERAL INFORMATION

1.1

Host Country Slovak Republic

Form of Government	Democracy
Location	Central Europe
Area	49 000 km2
Population	5,4 million inhabitants
Climate	Moderately continental, while it becomes colder with increasing altitude in mountainous areas
Language	Slovak
Religion	Christianity
Capital	Bratislava (<u>Bratislava.sk</u>)
Local Time	CET
Electricity	Standard 230 V. The plugs used are two round pins (type C and F)
Driving	Left-hand
International Calls	011 - international prefix; dial first when calling abroad from the US or Canada
Telephone Country Code	+421
Mobile Phone Networks	Telekom, Orange, O2, mobile phone networks operate mainly under 5G and 4G
Currency	EUR (€). All the major international credit cards are accepted in hotels, shops, and restaurants (Visa, Mastercard, American Express).

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Slovakia, officially the Slovak Republic, is a landlocked country situated in the heart of Central Europe. It was established on January 1, 1993, by the division of Czechoslovakia as a democratic parliamentary republic.

Slovakia is a member of the European Union, the Schengen Area, and NATO. The country covers 49,035 square kilometres, with an estimated population of approx. 5,5 mil. The capital and largest city is Bratislava, located 211 kilometres from Banská Bystrica.

1.2 Host City Banská Bystrica

Banská Bystrica is a city in central Slovakia located on the Hron river in a long and wide valley encircled by the mountains. Thanks to its location, Banská Bystrica is considered the heart of Slovakia. At present, Banská Bystrica is the economic, administrative, and cultural centre of central Slovakia. With 78 327 inhabitants, Banská Bystrica is the sixth most populous municipality in Slovakia. The present town was founded by German settlers; however, it was built upon a former Slavic settlement. It obtained the municipal privileges of a free royal town of the Kingdom of Hungary in 1255. As a historical city with an easy access to the surrounding mountains, Banská Bystrica is a popular winter and summer tourist destination.

Sport has an important place in Banská Bystrica as Banská Bystrica was declared the European City of Sports 2017. Also, Dukla Military Sports Center with its 5 Olympic winners, 15 world champions and 36 European champions is based in Banská Bystrica.





2. TRAVEL TO BANSKÁ BYSTRICA

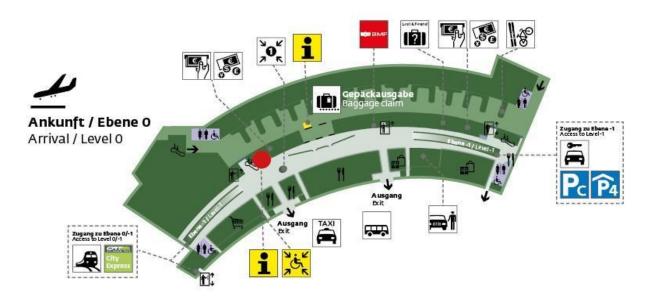
2.1 Official Airports and Arrival Information

The official airports are:

- Vienna Airport (VIE), located 277 km from Banská Bystrica/SVK (representing a 2h35min drive), connected to major European hubs and where the main airlines ensure to transport poles,
- Bratislava Airport (BTS), located 212 km from Banská Bystrica/SVK (representing a 2h00min drive), but with reduced service.

Upon arrival at both airports the teams will be met by the LOC (Local Organising Committee).

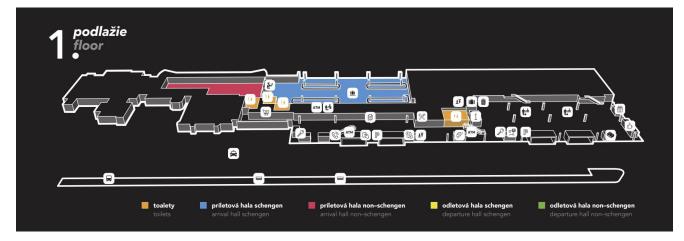
Upon arrival at the airports, the teams are kindly asked to approach the Welcome Desks which are located in the arrivals areas and will be operated as per the arrival and departure times.



Vienna Airport



Bratislava Airport



Please contact the LOC transportation department in case you need any support:

• Peter Ilanovský +421 904 078 784, transport@atletika.sk

Route Vienna/Bratislava Airport to Banská Bystrica

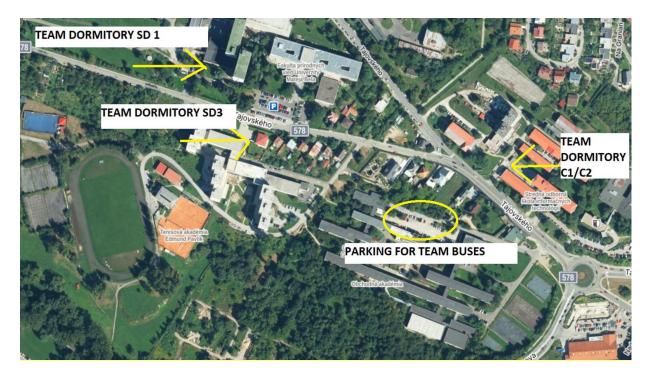


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2.2 Arrival by road

Teams arriving by road are kindly asked to go directly to their allocated Team Dormitory where representatives from the LOC will welcome them at the Information Desk. Parking slots are available free of charge, located between the Team Dormitories.



2.3 Entry visas

Participants from the following countries require a visa to enter Slovak Republic:

ALB* - ARM - AZE - BIH* - GEO* - KOS* - MKD* - MDA* - MNE* - SRB* - TUR

*Visa free regime applies to citizens of ALB, BIH, GEO, KOS, MKD, MDA, MNE and SRB only if they are holders of biometric passports.

Participants who require a visa should contact the Banská Bystrica 2024 LOC and send all relevant details (as listed below) **as soon as possible** to obtain a special invitation letter and visa application information. It is crucial that relevant information is received in due time as otherwise entry to Slovak Republic may not be guaranteed.

Requests for invitation letters shall be supported with the following information:

- Full name (first name and family name as shown in passport),
- Function in the Team (e.g. athlete, official),
- Gender,
- Date of birth,
- Passport Number and Passport Expiry Date (passports should be valid for at least 6 months after the end of the competition).



Banská Bystrica 2024 LOC Contact:

- Vladimír Gubrický
- Mobile: +421 905 278 836
- Email: gubricky@atletika.sk

The invitation will be sent to you as soon as possible.

2.4 Insurance

According to the Regulation 1610.9 the participating Member Federations are responsible for taking out their own insurance to cover the risk of illness or injury of any member of their team when travelling to and from the European Athletics U18 Championships and during the event itself. Please take the necessary steps to fulfil these requirements well in advance.

3. ACCREDITATION

3.1 General

Each team member will receive an accreditation card, which must be worn and clearly visible at all times. Security personnel will control all areas. The accreditation is **not transferable** and does not allow the holder to take another person beyond checkpoints. The holder is granted access rights only to the zones indicated on the front and shall use the designated entrances accordingly. The accreditation card remains European Athletics property and can be withdrawn at any time. Each accreditation requires a photo (passport type), which needs to be uploaded by the Final Entries deadline through the European Athletics' entry system.

Please upload all photos as a **jpeg** file. Each photo must not exceed 1.0MB in size. Only completed registrations including photos can be produced in advance and thus speed up the accreditation process on site. Team Members with no photo uploaded in advance will have to go to the Team Accreditation Centre (TAC) in person to have a photo taken and pick up the accreditation card. Accreditation cards will be printed in advance, based on the information provided by the Member Federations through the European Athletics entry system. No changes will be accepted after the Final Entries' deadline.

3.2 Team Accreditation Centre

The Team Accreditation Centre (TAC) is located in the Team Dormitory 3 of University Matej Bel (Meeting Room 006). The opening dates and times of the TAC will be as follows:

Day	Date	Opening - Closing time
Monday	15.07.2024	14:00 - 22:00
Tuesday	16.07.2024	08:00 – 22:00
Wednesday	17.07.2024	08:00 – 22:00
Thursday	18.07.2024	08:00 – 22:00
Friday	19.07.2024	10:00 – 18:00
Saturday	20.07.2024	10:00 – 18:00
Sunday	21.07.2024	10:00 - 18:00



The opening hours of the TAC will be adapted if necessary. The LOC will consider the team's arrival times & details to enable all teams to pick up their Accreditation on the day of the arrival.

In case of arrival outside of the opening times, Team Leaders are kindly requested to report to the TAC the next morning.

3.3 Accreditation Procedure

Registration of all Team Members must be completed through the European Athletics' entry system, during the Final Entries, which will be open from Monday 17 June to Monday 08 July 2024 (14:00 CET).

Upon arrival at the Team Dormitories, the Team Leaders will be asked to go directly to the Team Accreditation Centre (TAC) to go through the accreditation process and pick up all Team Members' accreditation cards. As mentioned above, in case of early or late arrivals, accreditation formalities shall be carried out the next morning, or as soon as possible.

The Team Leader will be asked to complete the following formalities for the whole team:

- LOC accommodation invoice settlement,
- Check of athletes' passport or ID (or a copy),
- Accreditation card collection,
- Team vest check,
- Team leader's package collection (including BIBS),
- Confirmation of departure details.

Please note: Anyone picking up one or more accreditation cards at the Delivery Desk must sign for them.

Loss or damage of accreditation card

A lost accreditation card is a potential security risk and will be treated very seriously by the security authorities. Any lost or damaged accreditation cards should be reported immediately to the Team Accreditation Centre (TAC). In case of losing the accreditation card, a fee of 50 EUR will be charged for the replacement.

Unauthorised use of an accreditation card will result in the card being confiscated.

3.4 Access Areas for Teams and Special Passes

All team accreditation cards will allow access to the team seating area, warm-up area and training areas, changing facilities and physiotherapy rooms. Only athletes who are about to compete will have access to the call room and to the infield. Furthermore, accreditation will grant access to meals and to the Team Shuttle services.

The Head of Delegation or the Team Leader from each team is invited to the VIP Hospitality area and will be given the necessary access number on the accreditation card.

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European Athletics shall provide special passes as required for the following zones:

- Field events coaching area (one per athlete),
- Combined events resting room (one per athlete and one extra per team),
- Mixed zone (for access to athletes at the end of the mixed zone) one per team with a Team Press Liaison,
- Medical Pass (one per team with medical personnel plus one extra for bigger teams).

Mixed zone and medical passes will be distributed during the accreditation process. The field events coaching areas and combined events resting room passes will be distributed at the Technical Information Centre (TIC) the day before the respective events. All special passes will be valid only in combination with personal accreditation.

Access to the Doping Control Area: the athlete only can access the doping control station accompanied by a chaperone. A delayed representative, who wishes to accompany his/her athlete (note: max one representative per athlete and an interpreter if needed), shall report at the reception desk at the doping control station directly.

If the athlete needs to be tested, because of a record or any other reason, he/she shall report to the TIC and fill-in a doping control request form. The duly signed form will give access to the doping control station.

4. ACCOMMODATION

4.1 General Information

The LOC has made accommodation arrangements for Team Members in 3 Team Dormitories of similar standard.

All dormitories are located within 400 metres, in Banská Bystrica:

Walking distance to Training Venues:up to 7 minutesWalking distance to Competition Venue:up to 20 minutes

4.2 Information Desks

An Information Desk will be located in the lobby of each Team Dormitory with qualified personnel offering relevant information about all aspects of the European Athletics U18 Championships 2024.

The Information Desks' opening hours will be as follows:

- 15 July: from the arrival time of the first team until the last bus arrives
 - back to the Team Dormitories (and VIP Hotel)
- 16 July and 17 July: from 06:45 until 22:00 (pre-competition days)
- 18 July to 21 July: from 06:45 until 22:00 (competition days)
- 22 July: from 06:45 until the last scheduled departures



4.3 Official Team Dormitories

The official Team Dormitories for the European Athletics U18 Championships 2024 are indicated below and in Appendix 6:

- Dormitory 1 University of Matej Bel
- Tajovského 40, Banská Bystrica
- <u>Dormitory 3 University of Matej Bel</u>
- Tajovského 51, Banská Bystrica
- Dormitory C1/C2 High School of IT
- Tajovského 30, Banská Bystrica

Reservations will be made by the LOC based on the accommodation requirements indicated in the Final Entries. Team Dormitories allocation will be communicated after the closing of the Final Entries.

Member Federations' President or General Secretary/CEO not part of the team may stay in the <u>VIP</u> <u>Hotel:</u>

Hotel Tenis
 Neresnícka Cesta 13. Zvolen, 960 01
 <u>https://www.hoteltenis.sk/en/</u>

4.4 European Athletics Quota and Accommodation Costs

4.4.1 European Athletics Free Places Quota

European Athletics has previously informed all Member Federations about the allotted free places which were based on the achieved results (places 1-8) and the number of participants per country at the European Athletics U18 Championships Jerusalem 2022, and the European Season Best-List 2023.

Please refer to Appendix 2 for further details.

4.4.2 Ratio of Athletes & Officials

The chart with the ratio of athletes & officials was also communicated earlier via the European Athletics Circular Letter 2023/38. Please see Appendix 3 for more details.

Nevertheless, please bear in mind the following:

The teams may request additional team accreditation (e.g. for personal coaches) only if the maximum number of team officials as per the Ratio of Athletes & Officials has been reached and fully used. The additional team accreditation would give access to the Team areas, but without being accommodated in the Team Accommodation and with no access to the teams' transportation. Those accreditations shall be requested during the Final Entries and will be charged at the rate of 150 EUR for the duration of the Championships and directly incorporated into the invoice of the respective Member Federations



4.4.3 Accommodation Costs

For all athletes within the European Athletics free places quota, European Athletics will pay for full board accommodation, as stipulated in the European Athletics Competition Regulations, for the duration of the official period (competition days plus two). No contribution shall be made in respect of athletes representing the host Member Federation.

The official period (for which European Athletics is covering team accommodation for free places quota athletes) is from Tuesday 16 July to Monday 22 July (6 nights).

An additional night has been fixed for Monday 15 July. This means that if your team is planning to stay outside this period (7 nights), the above-mentioned rates will not apply, and a separate agreement will have to be made with the Banská Bystrica 2024 LOC:

• e-mail to: accommodation@atletika.sk

The following rates apply for team members. This includes full board accommodation:

Team Members	Single room	Twin room
In-quota Athletes during official period	(N/A)	Covered by LOC/EA
Accommodation cost	100 EUR per night	180 EUR per night

All prices include meals, VAT and City tax.

For the official period each Team will be allocated a minimum number of single rooms equivalent to 10% of the total number of athletes and officials registered in the Final Entries. Additional single rooms can be requested and will be given according to availability.

In case of later arrival/early departure of the sharing person, the night the twin room is used as a single room will be charged at the rate of the twin room (180 EUR during the official period and for one additional night).

European Athletics Regulations

1603.11.

European Athletics may reduce financial support (for board/accommodation grants, etc.) to any European Athletics Member Federation which, after having announced their participation, does not take part or attend the competition with a number of athletes and officials materially higher or lower than the number stated in the Preliminary Entry by 20% (as per rule 1603.8). The latter applies only if the Preliminary Entry is more than 4 (four).

1610.8.

The final account for accommodation attributable to each Member Federation shall be based on the numbers declared in the Final Entries and this shall be paid in full, no allowance being made for any subsequent reduction in the actual numbers of athletes and/or officials.

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Please note: The team Invoice will be based on the accommodation requests included in the Final Entries as well as any additional requirements indicated after the closing of the Final Entries.

4.4.4 Payment Procedures

Shortly after the closing of the Final Entries on Monday 08 July 2024, participating Federations will receive an invoice detailing the amount they owe based on the Final Entries (considering the prepayments made after the Preliminary Entries).

Federations are kindly encouraged to make an advance payment of the full amount before 15 July 2024. Advance payments should be made in Euros by bank transfer to the following account:

- Bank account name: SLOVENSKÁ ATLETIKA S.R.O.
- Bank name: Všeobecná úverová banka, a.s.
- Bank address: Mlynské Nivy 1, 829 90 Bratislava 25
- Account no: 33 1359 4958
- IBAN: SK63 0200 0000 0033 1359 4958
- Swift Code: SUBASKBX

PLEASE NOTE that the Team Leader is requested to provide the LOC with a proof of payment upon arrival at the Team Accreditation Centre (TAC).

Outstanding payments must be settled on-site by the Team Leader during the accreditation procedure.

Payments at the TAC can be made <u>only by credit card</u> (VISA or MasterCard).

4.5 Rooming list

Detailed information about athletes and officials' rooming list will have to be entered by the Member Federations during the Final Entries process. Further amendments after the closing of the Final Entries will have to be sent to:

• <u>accommodation@atletika.sk</u> with copy to <u>competition@european-athletics.org</u>.

While registering their Final Entries, Member Federations will be requested to sign a consent form to allow the list of the room numbers for the members of the respective team to be communicated to Sample Collection Officials. Where this information is obtained, it will only be used for the purposes of pre-competition doping control testing, will be confidentially treated, and destroyed once it is no longer required for these purposes.

4.6 Meals

All meals will be served in buffet style in a dedicated catering area located in Team Dormitory 1, where participants will be allowed to enter once per meal.

The menu plan will be based on European Athletics Nutritional Guidelines. A large selection of suitable food will be available taking into consideration special diets, religion, and culture of the participants.

Water dispensers' stations will be available 24/7 in the catering area and Team Dormitory 1 lobby (in addition to all the other Team Dormitories).



Provisional opening hours, from Tuesday 16 to Monday 22 July:

Breakfast	06:00 – 10:00	
Lunch	12:00 – 16:00	
Dinner	18:00 – 23:00	

A late serving provision will be made for those athletes retained at the Stadium due to doping controls or protests. Accreditation cards will allow access to meals.

Mineral water, coffee and tea will be available free of charge during mealtimes.

All other drinks must be paid for directly when ordering them.

Tap water in Slovak Republic is perfectly drinkable and therefore the LOC recommends using personal water bottles, which can be refilled. If individuals wish to buy bottled water, this will be at their own cost.

Bottled water will be available at the following areas: Infield, Mixed Zone, Race Walking refreshment stations and Doping Control Station.

4.7 Services in the Team Dormitories

4.7.1 Meeting Rooms

Two general meeting rooms will be available during the official period in Team Dormitory 3 for all teams. Bookings can be made by the Team Leaders at the Team Dormitories Information Desks at a reasonable time in advance.

To ensure a fair distribution among all teams, usage per team is limited by 55 minutes/day.

Furthermore, there is also the possibility to reserve meeting rooms for exclusive use at the team's expense (dedicated team meeting rooms with exclusive right for the whole duration of the Championships at the cost of 200 EUR per day, in Team Dormitory 3) on a "first come, first serve" basis. Should your team be interested in such provision, please send an email to accommodation@atletika.sk with these details: number of dedicated rooms and the dates of use. Reservation is binding and costs will be included in the team invoice.

4.7.2 Rooms for Physiotherapy

General rooms for physiotherapy will be available in all Team Dormitories for the teams with medical staff to set-up their massage beds.

There will also be LOC physiotherapy services offered to those teams that do not have their own medical staff (see Medical/Physiotherapy services).

4.7.3 Internet Access

Free Internet access is provided at Team Dormitories.

4.7.4 Check-in / check-out times

Check-in from 14:00 and check-out by 10:00.



5. TRANSPORTATION

Transportation between the Team Dormitories and the various venues, including official and social functions, will be guaranteed by the LOC transportation service. All transportation schedules will be displayed on the info board both in the Team Dormitories as well as in the other venues which are serviced by shuttles. Furthermore, there will be Information Desks operated by volunteers at the Team Dormitories which can assist with any questions or requests related to transportation.

5.1 Bus Shuttle Service

A regular bus shuttle service will operate between the Team Dormitories and the SNP Stadium Competition Venue & Warm-up Venue (the UMB Stadium Training Venue is walking distance from/to the Team Dormitories, as per Appendix 6).

Regular travel time will be 8 to 10 minutes, depending on the traffic conditions. Departure times between the venues above and Team Dormitories will be provided via Information Desks located at those places.

5.2 Transportation of Equipment

Each team is responsible for organising transportation of its poles until its arrival at Vienna/Bratislava Airport. To ensure a proper pick-up procedure, all teams are responsible for including their arrival information in the Final Entries including registering the poles as bulky luggage/special travel needs.

Upon arrival at Vienna/Bratislava Airport, the pick-up of the poles will be arranged by the LOC that will transfer them to the warm-up venue (Pole Vault training is allowed only at the warm-up venue, as described in topic 7.3.), where they will be at the athlete's disposal.

All poles or bag of poles shall bear the identification of the athlete (tag of the name, country, event, and number of poles per bag).

At the end of the Championships the poles will be transported back to Vienna/Bratislava Airport by the LOC.

5.3 Departures

The frequency of departure transportation will be based on the departure schedule, which will be posted at the Information Desk of each Team Dormitory at least 24 hours before departure. Teams will be asked to provide full travel details together with the Final entries.

After the closing of the Final Entries, any amendments and updates will have to be sent to:

• <u>transport@atletika.sk</u> with copy to <u>competition@european-athletics.org</u>.

Team Leaders will also have to confirm departure details on-site during the accreditation process.

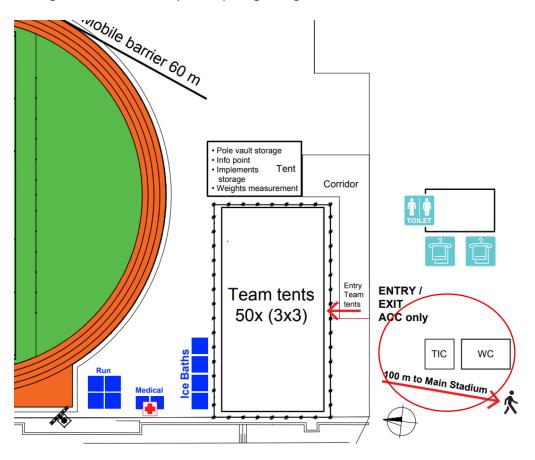


6. TECHNICAL INFORMATION

6.1 Technical Information Centre (TIC)

The TIC is located at the **Warm-up** venue (close to the entry gate, as below / Appendix 8).

The main function of the centre is to ensure a smooth liaison between each Team Delegation, the Local Organising Committee, European Athletics Technical Delegates, and the Competition Management of the Championships regarding technical matters.



The TIC will be open according to the following schedule:

Date	Opening Time	Closing time
17 July	08:00	20:00
18 – 21 July	120 minutes before the first event	60 minutes after the last event



The TIC is responsible for, but not limited to, the following:

- Display on the relevant notice board of official communications to the teams, including start lists, results and Call Room reporting times,
- Distribution of urgent notices to the delegations from the Technical Delegates and competition management via the Virtual TIC and dedicated Team Leaders' Group,
- Managing written questions and TIC general, inquiries, withdrawal forms, etc. via Virtual TIC or in hard copies available in TIC,
- Managing of Final Confirmations, Relay Order Declarations, and Withdrawal Forms via Virtual TIC,
- Distribution of special passes the day before the respective event, according to start lists
- Distribution of items confiscated at the Call Room,
- Registration and collection of personal implements,
- Managing additional doping control requests (national record ...),
- Registration of Protests & Appeals via Virtual TIC.

Virtual TIC

Team Leaders will also be provided with an individual and personalised access to European Athletics online tool (i.e. Virtual TIC), where they will be able to:

- make their final confirmations,
- download information posted by the LOC/European Athletics (technical information, qualification procedures and starting heights, daily call room schedule, etc),
- fill-in competition forms (question for Technical Briefing, technical enquiries to TIC, withdrawal forms, etc),
- launch protests and/or appeals.

The platform will be accessible at a link to be communicated to the Teams after the Final Entries, together with a detailed user manual. The online tool is accessible via any device (e.g. PC, smartphone, etc) having access to internet.

European Athletics strongly encourages the Team Leaders to use the Virtual TIC for filling in all relevant competition forms, including the forms for the protests and appeals.

6.2 Orientation Visit and Technical Briefing

There will be an orientation visit organised to the SNP Dukla Stadium Competition Venue on **Wednesday, 17 July 2024 at 09:00**, in order for the team leaders to inspect access routes and other facilities which will be important to the teams. Team leaders are to meet LOC members at the TIC, from where they will be escorted to this visit. The competition venue inspection will be followed by a Technical Briefing, to be held in Hotel Dixon (Švermona 32) in Congress Room 2, which is located 5 minutes walking from SNP Dukla Stadium. Each team may be represented by a maximum of two people and, if necessary, an interpreter.

It is very important that all teams are represented at the Technical Briefing.

CHAMPIONSHIPS Banská Bystrica 2024

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There will be no dedicated transport provided for this activity. Team delegates shall use the Team Shuttle Service from the Team Dormitories. Please refer to the Information Desk in the Team Dormitories for detailed information.

The Technical Briefing will provide updates and information which is not already mentioned in this Team Manual and will include:

- Timetable amendments (if any),
- Qualifying procedures for races,
- Qualifying distances for field events,
- Starting heights and raising of the bar for the vertical jumps,
- Answers to written questions.

Written Questions

Any enquiries concerning the technical conduct of the Championships must be made in writing (in English). The forms on which the questions must be written shall be filled-in online in the Virtual TIC, no later than **Tuesday 16 July 2024 at 18:00**.

6.3 Daily Meetings with the Team Leaders

Meetings with the Team Leaders will be held daily in order to provide further relevant information to the Teams and answer any questions related to the Team Services. The first meeting will be held on **Thursday**, **18 July 2024 at 14:00**. Team Leaders are to meet LOC members at the TIC. Please note that attending the first meeting is mandatory for Team Leaders. The remaining meetings will be scheduled on site and according to the needs.

6.4 Team Leaders' WhatsApp group

A WhatsApp group including all Member Federations' Team Leaders will be created on site, in order to offer an additional platform to address instant messages and announcements. Major information of interest for all will be communicated to the teams by the TIC/European Athletics via this group.

European Athletics kindly asks the Team Leaders to use this group only for questions or concerns of the interest of all teams. For the questions and concerns of his/her team only, a Team Leader is encouraged to use other means of communication with the European Athletics and the LOC (email, submitting a general inquiry form in Virtual TIC, etc.).



7. COMPETITION & TRAINING VENUES, EQUIPMENT & IMPLEMENTS

7.1 Competition Venue

SNP Dukla Stadium Competition Venue and its surroundings are shown in Appendix 7 of this document. There are 7023 spectator seats. The infield layout of the Stadium is shown in Appendix 8 while the daily infield layouts are included to Appendix 9.

7.2 Warm-up area

The Warm-up area is located about 100 meters from the SNP Dukla Stadium Competition Venue (please see Appendix 10). There will be a corridor connecting both venues for the easy passage of athletes who will be about to compete. It comprises:

- 4 lanes 400m 6 lanes 110m,
- A Shot Put sector,
- A High Jump sector,
- 2 Long/Triple Jump sectors,
- A Pole Vault sector,
- A Hammer/Discus sector.

Equipment and implements necessary for warm-up will be available at the warm-up venue. Officials will be present to help in the case of problems or special requirements. Accreditation must be handed in when borrowing equipment, and will be returned to the athlete when the equipment is handed back in.

The opening hours of the Warm-up area will be as follows:

- 16-17 July 09:00-21:00,
- 18-21 July 120 minutes before the first event starts until 60 minutes after the last event finishes.

Please bear in mind, that due the limited capacity of the warm-up venue, access will be guaranteed to the athletes (and their support personnel – coach and physio) competing in the respective session. Access to the warm-up area for other team members may be limited to ensure suitable conditions for warm-up purposes (except for Pole Vault and Throwing events). To be noted the above refers to competition days only, as the aforementioned limitation will not be extended to the pre-competition days.

Access to the Teams' tents will be accessible to accredited team members at all times.

7.3 Training Venue(s)

Athletes will have the possibility to train at the UMB Stadium Training Venue (as per Appendix 11) for all events except for Long Throws and Pole Vault which will be held at the Warm-up Venue, as per topic 7.2. above.



The UMB Stadium Training Venue is located where the Teams are accommodated and about 15 min by walk or 10 min drive from the Competition Venue. It comprehends:

- 400m track with 8 lanes,
- 2 Long Jump and 1 Triple Jump sector,
- High Jump sector,
- Shot Put sector,
- Weightlifting room, situated in an adjacent building.

The opening hours of the UMB Stadium Training Venue will be as follows:

• 16-21 July 09:00-21:00

Equipment and implements necessary for training will be available. Officials will be present to help in the case of problems or special requirements. Accreditation must be handed in when borrowing equipment and will be returned to the athlete when the equipment is handed back in.

Details about transportation for training sessions are included in the transport section of this manual. The transport schedule will be displayed at the Information Desks in each Team Dormitory.

Due to operational and safety considerations the throwing sites will be accessible in line with the following timetable:

Date	Hammer	Discus	Javelin
	09:00 – 10:30	10:30 – 12:00	12:00-13:30
Tuesday 16 July	13:30 – 15:00	15:00 - 16:30	16:30 - 18:00
	18:00 – 19:30	19:30 - 21:00	
	12:00 – 13:30	09:00 – 10:30	10:30 – 12:00
Wednesday 17 July		13:30 – 15:00	15:00 - 16:30
	16:30 - 18:00	18:00 – 19:30	19:30 - 21:00
	09:00 – 11:15 Women	12:30 – 13:30	11:30 - 12:30
Thursday 18 July		13:30 – 16:00 Men	
	19:30 – 21:00	18:30 – 19:30	16:00 - 18:30 Men
	07:00 – 09:15 Men	09:15 – 10:30	10:30 – 12:00
Friday 19 July	14:45 – 15:45 Women	12:00 - 13:30	13:30 - 14:30
		17:15 – 18:15 Men	15:45 – 17:00
Saturday 20 July	11:30 – 13:30	07:00 – 09:15 Women	09:30 – 11:45 Women
Saturuay 20 July	15:00 – 16:05 Men	13:30 – 15:00	17:00 – 18:00 Men
Sunday 21July	11:45 – 13:00	10:30 - 11:30 Women	17:00 – 18:00 Women
Sunday 2 ijuly		13:00 –14:45	14:45 – 16:00

TRAINING TIMETABLE FOR LONG THROWS

During training times priority will be given to athletes warming-up and about to compete (**red highlighted**). This will be controlled by competition officials.

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7.4 Official Training at the Competition Venue

Official training for all athletes at the SNP Dukla Stadium Competition Venue, except for Long Throws, will take place on **Wednesday 17 July from 09:00 to 11:00**. The Warm-up area will also be available during this time. **Training with Official Starters will take place** at the SNP Dukla Stadium Competition Venue on Wednesday 17 July **from 10:00 to 11:00**.

7.5 Implements & Equipment

7.5.1 Official Implements

The implements provided by the LOC (see Appendix 4) are selected from those appearing on the current World Athletics approved implements list.

7.5.2 Personal Implements

Personal Implements shall also be allowed (**maximum of 2 personal implements per athlete**), providing that:

- They are readily identifiable and are World Athletics certified,
- They have been checked for compliance with World Athletics Rules,
- They are made available to all the other competitors until the end of the Final.

Personal implements will have to be submitted to the TIC at the Warm-up area the day before the event and **no later than 18:00.**

Personal implements will have to be submitted before the qualification. The submission of new implements before the finals will not be allowed.

If a personal implement cannot be accepted into the pool due to it not meeting the specifications or being unidentifiable, the relevant team will be notified through the TIC, with an explanation, and the implement will be returned.

<u>Note</u>: "World Athletics Certified" implements may include older models that previously held a certificate but are not in production any longer.

In order to speed up the checking in of eligible personal implements, please come prepared and consult the World Athletics list on the website (<u>https://www.worldathletics.org/library</u>) in advance to identify the implement noting its World Athletics certification number. If you do not find your implement in the list but you believe that it is/was certified, please contact the World Athletics Office at <u>technicalofficer@worldathletics.org</u> so that its status can be checked and confirmed to you and the LOC in due time.

7.5.3 Markers

Athletes will not be permitted to use their own markers during the Championships. Athletes wishing to use a marker will be required to use the markers provided by the LOC at the event site. Officials will also provide adhesive tape for the relay runners at the track.



8. ENTRY, QUALIFICATION SYSTEM, FINAL ENTRIES & CONFIRMATIONS

Please refer to Appendix 1 for the detailed information about entry conditions, age restrictions, 'I Run Clean' certification, and qualification system.

8.1 Entry Procedures

Entries shall be made through the European Athletics Event Management System which will be accessible at the following link: **https://evententry.worldathletics.org/.** Member Federations' entries manager shall use their already known individual and personalised access.

8.1.1 Final Entries

Final entries indicating the names and individual logistical information (detailed travel arrangements, accommodation request and rooming list) of the competitors and of the officials must be received as per the deadline below:

- Opening of the Final Entries: Monday 17 June 2024
 - Closing of the Final Entries: Monday 08 July 2024 14:00 (CET)

All Member Federations will be able to consult and print out their entries at any time during the opening period and will receive a pdf report after having sent their Final Entries. Detailed travel and rooming list information will have to be registered for each athlete and official during the Final Entries process.

Further amendments after the closing of the Final Entries will have to be sent to <u>accommodation@atletika.sk</u> with copy to <u>competition@european-athletics.org</u>.

8.1.2 Final Confirmations

Team Leaders or their representatives must confirm the names of those competitors already entered who will actually take part in the competition. Confirmation of athletes will not be accepted after the deadline, which is outlined below for all events.

Submission Date	For Competition Day	Deadline
Tuesday 16 July	Day 1: Thursday 18 July	20:00
Thursday 18 July	Day 2: Friday 19 July	10:00
Friday 19 July	Day 3: Saturday 20 July	10:00
Saturday 20 July	Day 4: Sunday 21 July	10:00

Final confirmations will have to be made online, via Virtual TIC.

8.1.3 Relays Declaration Forms

The composition of a team and the order of running for a relay shall be officially declared online via European Athletics online tool (see point 6.1) no later than one hour before the published first call time (the time by which the athletes must be present in the Call Room) for their respective heat in each round of the competition.



Event	Competition Day	Deadline for Final Declaration - Relays
Medley Relay Women R1	20 July (10:40)	09:15
Medley Relay Men R1	20 July (11:05)	09:40
Medley Relay Women Final	21 July (20:05)	18:40
Medley Relay Men Final	21 July (20:16)	18:51

Once the team has taken part in the event, up to four additional athletes may take part in the Final. Substitutes may only be taken from the list of entered athletes, whether for the Relay or for any other event.

8.1.4 Failure to Participate

Any athlete who, after the Final Confirmation has been submitted, or after qualifying during a qualifying round or a heat for any event, fails to participate in the event without giving a valid reason (e.g. a medical certificate provided by and based on an examination of the athlete by the Medical Delegate appointed under World Athletics Rule 6 of the Competition Rules or CR6), shall be excluded from participation in all further events in the competition, including Relays (see World Athletics Rule of the Technical Rules or TR 4).

8.1.5 Withdrawals

Withdrawals after final confirmation, must be submitted via Virtual TIC. If the athlete is entered in another event of the Championships, the reason for the withdrawal must be specified in detail, as its acceptance is the responsibility of the Medical Delegate and Technical Delegates based on the World Athletics Rules.



9. COMPETITION PROCEDURE

9.1 Timetable

Please refer to Appendix 5 for the competition timetable. In case of any changes or updates following the Final Entries, the updated/latest version of the timetable would be available in the documents section of the Virtual TIC.

9.2 Competition Bibs

9.2.1 General

For individual events, each competitor will receive 4 personal bibs with names. These must be pinned to the front and back of the competition clothing, to the back of the tracksuit, and to the bag.

Exceptions are made for jumping events: these competitors are permitted to attach the bib only to the front or to the back of their competition clothing (plus their tracksuit and bag).

For races from 800m and above (including the last race of combined events), athletes will receive their front bib including a transponder at the Call Room. Meaning, the athletes competing in those events will receive only three bibs in advance and the front bib will be given to them in the Call Room. After the competition, the athletes should return the transponder at the entrance of the Kit Collection Area, where they will be collected by LOC volunteers.

Bibs must not be cut, folded, or covered in any way.

9.2.2 Relays

Each runner in a relay team must wear the bib with the official three-letter country code of his/her national federation on his/her front. On his/her back the runner must wear the personal bib.

9.2.3 Race Walking

Each competitor in the race walking events will be given two special bibs which must be worn as follows:

- the bib with his/her name and identification number on his/her front (distributed in the Call Room before the event, as it is including the transponder),
- the bib with his/her identification number only on his/her back.

9.2.4 Combined Events

For the Combined Events, the leading athlete after each event will be given a special bib (yellow background) indicating he/she is the leading athlete, to be worn on their chests. Athletes competing in the last race of the Combined Events will also be given a special bib, to be worn on their chests, which will indicate their position in the competition prior to the last event. The special bibs for the races will also have pouches for the respective transponders.

These bibs will be distributed in the Combined Events rest room area.



9.2.5 Hip Numbers

The athletes competing in Track Events will also be given two adhesive hip numbers in the Call Room before entering the Field of Play. The hip numbers must be secured to both sides of the athlete's shorts/legs.

9.3 Competition Clothing

Competitors must wear the Federation's official team clothing. World Athletics TR5 will be strictly applied. Please make sure to follow the World Athletics Advertising Regulations in force. Clothing and items not conforming to this rule and the current World Athletics Advertising Regulations will be removed/taped at the Call Room.

European Athletics has a record of the Team vests of all Member Federations accessible at the following link: https://eathletics.sharepoint.com/sites/EAExtranet

Member Federations shall confirm their team vests. If the uniform displayed differs from your current official uniform, the revised Team Vests form must be uploaded, in one single file, by 08 July 2024. Otherwise, the existing records will be used as a reference. A competitor wearing any other clothing will have no access to the competition area and will not be allowed to compete.

The rule stipulating the compulsory wearing of the official competition clothing will be applied during the competition, but also during any victory lap, interviews at the Stadium and the Medal Ceremonies.

Competition Shoes

All the competition shoes must comply with World Athletics TR5, including the sole and/or heel and the spikes dimensions. It is the athletes' responsibility to make sure that the shoes to be used for competition are on the current list of approved shoe models by the World Athletics. In case of no compliance with the TR5 or the list of approved shoes, an athlete may be not allowed to compete or may be disqualified after the competition with the result being void.

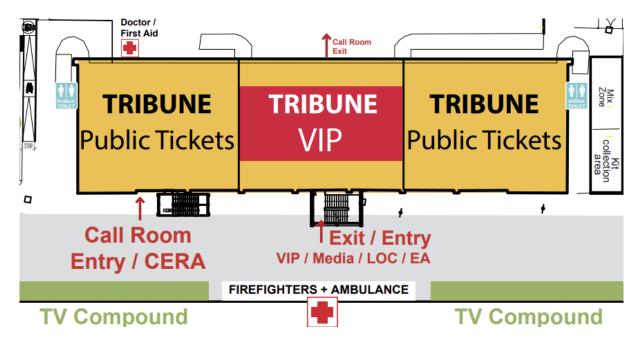
The shoes will be randomly checked after the competition within the Kit Collection/Post Event Area, in case of doubts or upon special requests, as well as in case of a World or European Record. In the case of World Records, the shoes will be withheld by the relevant Referee and sent later to the World Athletics as per TR5.

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9.4 Call Room

All athletes will have to report to the **Call Room** which is located in the main tribune – ground floor - as per appendix 7 and map below:



Access to the **Call Room** will be allowed to athletes only, controlled by accreditation cards and according to the following reporting times (please note that there may be slight amendments in particular cases, and a detailed Call Room Schedule will be published at the Virtual TIC on day-by-day basis):

	First Call Opening	First Call Closing
Track Events	25 min	20 min
High Jump	65 min	60 min
Pole Vault	80 min	75 min
Other Field Events	50 min	45 min
Relays	25 min	20 min

For the field events finals, the times may be reduced considering the number of participants in the finals. All times are prior to the actual starting time of the event.

Athletes who fail to report on time to the **Call Room** without a valid reason may be excluded from participating in this and all further events in the Championships, including Relays.

Refreshments (still water) and toilets will be available next to the Call Room.



9.4.1 Call Room Procedures

In the Call Room, the judges will check the following in accordance with World Athletics Rules:

- Competition Bibs,
- Shoes and Spikes as per TR5,
- Uniforms,
- Bags (identification on and content of),
- Any other kind of advertising.

Athletes in combined events need to report to the **Call Room** only before their first event in each session (morning and afternoon). Then for any other events during the same day, the athletes are to report to the Combined Events Rest Area at the times provided by the combined events referee, from where they would be escorted directly to the infield.

Personal belongings (video cameras, tape recorders, radios, CD players, radio transmitters, MP3/MP4, cell phones or similar devices) will not be permitted in the infield as per World Athletics Rule TR6. Competition officials in Call Room will confiscate all not authorised items. Athletes will receive a receipt for any such items. Upon presentation of this receipt, the athletes will be able to collect such items from the TIC once their event has finished.

9.5 Specific Event Procedures

Competition Regulations are available at:

• https://www.european-athletics.com/competitions/competition-regulations.

9.5.1 Track Events

Athletes in track events will be asked to enter infield already dressed in competition clothing. Tracksuits shall be placed in baskets at the Call Room and will be taken to the Kit Collection Area at the end of the Mixed Zone for collection after the race. Specific procedures in case of bad weather will be declared on site as necessary.

9.5.2 Trials in Field Events

In all throwing events and horizontal field events, each athlete is allowed to two practice trials under the supervision of the judges, more if time allows. For throwing events these will be in competition order.

In the remaining field events, the practice trials will be supervised by the relevant judges.

In qualification for the final in horizontal field events, all athletes will be allowed a maximum of three trials, but any athlete qualifying after their first or second trial shall not be allowed to take any further trials. In the finals, the top 8 athletes after the 3rd attempt will be allowed 3 additional attempts (6 in total).

In the Finals of the horizontal field events, the competing order for the fourth and fifth rounds of trials shall be in the reverse ranking order based on the results after the first three rounds of trials. The competing order for the final round of trials shall be in the reverse ranking order recorded after the fifth round of trials.



9.5.3 Race Walking

Race walking events will be conducted using the "Penalty Zone" Rule – following below Operational Guidelines.

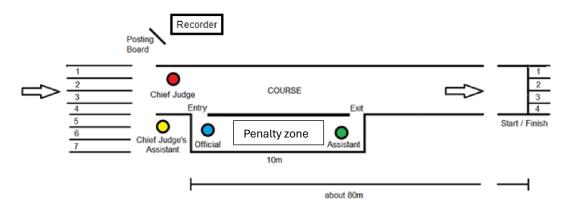
Penalty Zone Rule – Operational Guidelines

These below guidelines have been developed in order to ensure a consistent approach to the practical implementation of the Penalty Zone.

Penalty Zone Set-up

- It should be located in the final straight, in lanes 5 to 7, close to the 80m start line and in front of the Posting Board,
- It shall have one entrance and one exit at opposite ends (both of the same size) and be of 10m in length (maximum). The width can vary but should be such to allow up to 5 athletes at the same time,
- Small barriers or cones should be used to clearly identify the penalty zone,
- The athlete is free to stop or continue moving inside the penalty zone however there shall be no benches and no access to refreshments, drinking, sponging or other kind of assistance but communication with coaches is allowed.

Set-up for a track event



Judging World Athletics Race Walking Rules must be applied with the following adaptations:

- When one athlete receives 3 Red Cards, he must receive a communication from the Chief Judge or his Assistant showing him a paddle with the time penalty on both sides, and he must stop in the penalty zone at the first opportunity,
- The following penalty times shall apply: **30 seconds**,
- At the first opportunity the athlete will be guided by the Chief Judge's Assistant into the Penalty Zone,
- The time penalty starts immediately as the athlete enters the Penalty Zone,
- The athlete shall be shown an appropriate card notifying him when 10 seconds remain on the penalty,
- After the time penalty and following the instructions of the official in charge of the penalty zone, the athlete shall re-enter the event,



- The athlete is not judged in the Penalty zone,
- If the athlete then receives any additional Red Card(s) (from the judges who had not previously sent him one), he shall be disqualified and the Chief Judge or his assistant must notify the disqualification as soon as possible,
- If an athlete receives 4 or more Red Cards before stopping in the penalty zone, the athlete shall be disqualified and the Chief Judge or his assistant must notify the disqualification as soon as possible,
- If an athlete receives the third Red Card at the late stage of the race and it's not possible for the Chief Judge or his assistant to notify the athlete that he must stop in the penalty zone, the athlete shall finish the race and the penalty time (30 seconds) shall be added to his official time.

The Chief Judge maintains the power to immediately disqualify the athlete in the last 100m of a race (no time penalty).

9.5.4 Combined Events

Competitors taking part in combined events must report to the **Call Room** at the start of each session (morning and afternoon).

A resting area for the competitors taking part in combined events will be provided at SNP Dukla Stadium (see Appendix 7), where athletes can rest and wait for their next event. As the presence of the athletes in the resting area between events is not obligatory, all athletes must report to this room before the start of an event to undergo their final check.

Fruit, energy bars, sandwiches and drinks will be provided in the resting area. Toilets and showers facilities will also be available.

Lunches will be served at the Catering Area (next to the resting area) for all the combined events athletes.

Access to the combined events resting area is limited to the competitors and any other accredited person per athlete (coach, doctor, etc.) who are in possession of the appropriate combined events resting area pass. These passes can be collected at the TIC the day before the start of each combined event competition.

9.5.5 Coaching Zones

To allow communication between athletes and coaches, seats have been reserved in the stands close to the field events. Special passes for each field event will be distributed from the TIC to the teams, according to the Final Confirmations. There will be one pass per athlete competing. The pass is only valid when accompanied by a team accreditation, this accreditation needs to be visible at all times.



9.6 Timing & Measurement

The official timing will be provided by ATOS and will be displayed on the official electronic timing instrument and photo finish cameras provided by ATOS. For all races of 800m or more, the elapsed time will be displayed on electronic timers located at the end of each straight.

All field events will be measured by ATOS scientific measurement equipment (Electronic Distance Measurement).

9.7 Post Competition Procedures

After the competition, all athletes leave immediately through the mixed zone.

In the mixed zone, all athletes meet the media: first TV, then radio and finally the written press. It is for the athlete to decide whether he/she will give an interview.

The athletes' personal bags (in track events) will be brought to the Kit Collection Area located right after the mixed zone.

9.8 Protests and Appeals

Protests and appeals are permitted and will be processed in accordance with World Athletics TR8. In the first instance, protests must be made orally to the Referee by the athlete himself/herself or by someone acting on his/her behalf or by an official representative of a team (World Athletics TR8).

Such person or team may protest only if they are competing in the same round of the event to which the protest (or subsequent appeal) relates.

Where the appropriate Referee is not accessible or available, the protest should be made online through the virtual TIC. Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the result of that event (posted on the official digital TIC posting board).

If the final decision of the Referee is not satisfactory an appeal can be submitted to the Jury of Appeal also through the virtual TIC. Any written appeal to the Jury of Appeal must be made in accordance with World Athletics TR8 and by a responsible official on behalf of the athlete and submitted online within 30 minutes after the official announcement of the decision made by the Referee.

When submitting an appeal form, the team acknowledges that a fee of 100 EUR will be deducted from European Athletics Subvention to be paid by the end of the year unless the appeal is successful.

The Jury's decision will be provided in writing.



10. MEDICAL & ANTI-DOPING

10.1 Medical Services

The medical service is in charge of any medical assistance to all accredited guests (Teams, LOC personnel, VIP guests and media) as well as, during the competition, to the spectators in the stadium.

Outside the official opening hours of the official venues and medical facilities, team members shall contact the on-call 24/7 medical assistance available through the phone number +421 910 976 134.

In case of emergency, please contact the nearest medical first aid station or call the 24/7 Medical Emergency number 112.

10.1.1 Medical Services in the Team Dormitories

There is no medical centre in the Team Dormitories. Medical help in the Dormitories is available on call. The phone number of medical help will be displayed at the Information Desk in each of the Team Dormitories.

10.1.2 Medical Care at the Stadium, Warm-up, Training Areas

Medical care will be provided by private medical service company on every competition and training venue. Provided medical care will be by physicians and paramedics in cooperation with medical students as a volunteer's. Each medical facility is duly marked in Appendices 7, 8, 10 (red cross) and 11.

Medical care availability (venues):

- SNP Dukla Stadium Competition Venue:
 - o 17 July: 08:00 18:00
 - 18-21 July: 08:00 22:00 (based on the competition timetable schedule)
- Warm-up venue:
 - 16-17 July: 09:00 21:00
 - o 18-21 July: 07:00 22:00
 - UMB Stadium Training Venue:
 - o 16-21 July: 09:00 21:00

Please kindly note, that emergency procedures are free of charge (european insurance cards are accepted), however, additional and non-emergency procedure might be charged by the service provider (payment in cash or by credit card card). More information about the available medical procedures will be available in the Medical Guide published on the LOC website.

10.2 Physiotherapy Services

10.2.1 Physiotherapy Services in the Team Dormitories

There will be rooms available for physiotherapy in the Team Dormitories where the Teams can set up their own physio beds for treatments. Ice and extra towels will be available here.



In case of a medical issue, athletes who do not bring their own physiotherapist can use the LOC physiotherapy service available in the Warm-up venue. Booking of the physio services shall be made through the Team Dormitory Information Desk or the TIC.

10.2.2 Physiotherapy Services at Warm-up and Training venues

Each team with (a) physiotherapist(s) will have a dedicated facility in the Warm-up venue for personal treatments. All the other teams, in case of need, will be able to use a service provided by the LOC physiotherapist. Booking of the physio services shall be made through the TIC.

10.3 Import of Medication and Medical Equipment

Team healthcare personnel are responsible for compliance with the administrative and customs regulations concerning medication as well as for the storage and safekeeping of their delegation's medicines and supplies. The LOC of Banska Bystrica 2024 is not responsible for and shall have no liability relating to or arising out of the bringing to the Slovak Republic, storage or monitoring of the supplies and medicines by the team. Please check the corresponding regulations: EUR-Lex - 02015R2446-20220101 - EN - EUR-Lex (europa.eu)

10.4 Doping Controls

10.4.1 General Information

Doping controls will be conducted in accordance with World Athletics Anti-Doping Rules which are compliant with the WADA code in force since 1 January 2021.

The controls will be done under the supervision of the European Athletics Doping Control Delegate. Both urine and blood samples may be collected immediately before, and during, the Championships.

Athletes selected for doping control shall be informed by a trained chaperone. Athletes will be required to sign a doping control notification form and they have the right to be accompanied to the Doping Control Station (DCS) by an accredited team representative of their choice.

A selected athlete should report immediately to the DCS unless there are valid reasons for the delay. All selected athletes will be accompanied by a trained chaperone or Doping Control Officer from the time of notification until arrival at the DCS. Athletes are reminded that refusing or failing to comply with the Anti-Doping procedures may constitute an Anti-Doping rule violation and could render them liable to disqualification and may result in further disciplinary action.

Athletes who are required to use prescribed medication for the treatment of a medical condition should ensure that they have registered their medication, where necessary, through the Therapeutic Use Exemption system prior to attending the Championships.



10.4.2 Selection of Athletes

The selection of athletes for control will be made on a final position and/or random basis under the supervision of the European Athletics Doping Control Delegate. In addition, the selection of further athletes may be ordered at the discretion of the European Athletics Doping Control Delegate.

10.4.3 Additional Controls

Athletes requiring doping control (e.g. for a national record or ratification of performance) may request to be tested by reporting to the TIC, where a "Doping Control Request Form" should be completed. The form is also available online via virtual TIC. Nevertheless, a hard copy needs to be brought to the DCS to conduct the extra test.

The cost of this control (sample collection material and analysis costs) will be paid by European Athletics and will be deducted from the Member Federation's European Athletics subvention after the Championships.

11. CEREMONIES AND SOCIAL FUNCTIONS

11.1 European Athletics - LOC Dinner

European Athletics-LOC Dinner will be held on Wednesday 17 July, from 20:00, in VIP Hotel Tenis, in Zvolen.

The Head of Delegation or the Team Leader from each team will be invited. The digital invitation is not transferable and will need to be shown at the entrance. Transportation will be provided as per topic 5.1. Dress code: smart casual.

11.2 Opening Ceremony

The Opening Ceremony will take place on Thursday 18 July at 20:18 at the SNP Dukla Stadium (Competition Venue). No Team Members will be involved but are welcome to attend.

11.3 Medal Ceremonies

All the medal ceremonies will take place at the SNP Dukla Stadium (Competition Venue), in line with the timetable of the event (see Appendix 5).

Athletes must wear the official team clothing for the ceremonies as well as the presentation bibs provided by the LOC. No other items shall be taken to the podium, such as flags, bags, electronic devices or other.



12. SAFEGUARDING

European Athletics is committed to the principle of safeguarding in our sport and has developed a safeguarding and abuse prevention programme to ensure the protection and safety of everyone involved in athletics from harassment, abuse and exploitation. To this end, European Athletics has taken several measures including the implementation of a European Athletics Safeguarding Policy, the availability of a secured and independent <u>reporting platform</u> and the appointment of a safeguarding officer, whose contacts can be found hereunder:

- Name: Mathilde Grenet
- Mobile: +41 75 425 50 00
- Email: <u>safeguarding.officer@european-athletics.org</u>

To enhance this commitment and increase the visibility on the importance of safeguarding, the following initiatives are part of the European Athletics Safeguarding Programme at the EA U18 Championships 2024:

- The LOC has appointed a Safeguarding Officer and services in accordance with European Athletics Safeguarding Policy, the national laws, and the advice of the European Athletics Safeguarding Officer,
- The LOC Safeguarding Officer along with European Athletics Safeguarding Officer will be present for the whole duration of the event. Contact details will be made available at the Warm-up/Teams Area, Technical Information Centre, and Team Dormitories,
- The European Athletics Safeguarding Officer will conduct short safeguarding briefing sessions during the Teams Leaders' Technical Briefing and will schedule with the Team Leaders safeguarding briefs at the respective national teams' meetings,
- The European Athletics Safeguarding Officer will operate a Safe Space where any team member can get further information or advice on the topic of Safeguarding,
- Further activities will take place at the European Athletics U18 Championships venue to engage with the team members on Safeguarding awareness and prevention. Further information will be made available in due course.

If you have any question or concern about your safety or somebody else's safety during this event, please contact the LOC Safeguarding Officer and/or European Athletics Safeguarding Officer. If the concern relates to an imminent risk of someone's physical integrity or to an emergency for medical assistance, please contact immediately the LOC and/or the local authorities, to the contacts provided in this Team Manual. The local Safeguarding Officer and other relevant contacts will be also made available at the event venue and official Dormitories.



13. SUSTAINABILITY

European Athletics and the Local Organising Committee are committed to set a benchmark for other Athletics events by delivering a set of sustainable practices which aim to minimise the environmental impact of the European Athletics U18 Championships.

We aim to make our positive contribution to the promotion of a sustainable future for athletics; therefore we encourage all team members to support our ambition and commitment to sustainability by embarking on a journey to reduce their carbon footprint.

Our sustainability plans are aligned with the City of Banská Bystrica's sustainable goals and include:

- Reduced Printing Limiting printing and encouraging digitalisation of competition-related services will produce less and unnecessary waste,
- Water Consumption By distributing reusable water bottles, we aim to encourage the reduction of single-use plastics during the championships,
- Sustainable Transportation and Soft Mobility The proximity of the Teams' accommodation to the competition and training venues will reduce carbon emissions and will promote walking as healthy environmentally option within the scope of urban mobility,
- Waste Management Working alongside with a local provider to ensure recycling is widely available in the competition and training venues as well as in Teams' accommodation, ensuring that all the waste produced can be recycled and reused in the future.



14. **APPENDICES**

Appendix 1 – Entry Standards and Conditions

Athletes	Rounds	Men	Event	Women
32	3	10.90	100m	12.15
32	3	22.40	200m	25.20
32	3	49.90	400m	57.30
32	3	1:56.00	800m	2:14.20
24	2	3:59.00	1500m	4:35.00
15	1	8:30.00	3000m	9:46.00
32	3	14.45	110/100m Hurdles	14.25
32	3	56.20	400m Hurdles	1:03.50
24	2	6:08.00	2000m SC	7:14.00
25	1	23:30.00	5,000m Walk	26:00:00
16	2	NES	Medley Relay	NES
24	2	2.00	High Jump	1.74
24	2	4.55	Pole Vault	3.65
24	2	6.95	Long Jump	5.80
24	2	14.10	Triple Jump	12.20
24	2	17.00	Shot Put	14.40
24	2	53.00	Discus	40.50
24	2	62.50	Hammer	57.00
24	2	63.00	Javelin	46.50
20		6400	Heptathlon/Decathlon	4950

European Athletics U18 Championships 2024 Banská Bystrica/SVK, 18-21 July 2024 Entry Standards



Entry Rules

Only athletes aged at least 16 (sixteen) and not more than 17 (seventeen) years on 31 December 2024 (born in 2007 and 2008) may participate in the European Athletics U18 Championships 2024.

<u>Individual participation (1603.5)</u>: Each European Athletics Member Federation may enter up to 3 (three) athletes in each individual event of whom up to 2 (two) may participate provided all of them shall have achieved the entry standard for that event.

Alternatively to 1603.5, each European Athletics Member Federation may enter one athlete in each individual event if such athlete has not achieved the qualifying standard for that event. However, **the total number of athletes without qualifying standards per European Athletics Member Federation shall not exceed two men and two women in total.**

If the host country of the European Athletics U18 Championships does not have a qualified athlete in one of the disciplines, it may enter one athlete in this discipline regardless of any Entry Standard. **The acceptance of these unqualified entries is at the discretion of the Technical Delegates, considering the number of entered athletes but always ensuring the quality of the event.**

<u>Relay teams (1603.7)</u>: Each European Athletics Member Federation may enter 1 (one) team in each relay event. Up to 8 (eight) athletes may be entered for each relay. From these 8 (eight) and from any other athletes entered for any event in the European Athletics U18 Championships, the 4 (four) athletes to participate must be nominated at the time specified for the Final Declaration.

Competitors must comply with eligibility qualifications for Area Games or Championships as set out in the World Athletics rules;

No athlete may compete in the European Athletics U18 Championships unless entered by a European Athletics Member Federation.

Conditions for validity of performances:

- Performances must be achieved between the **1 January 2023** and **7 July 2024**;
- All performances must be achieved during competitions organised or authorised by World Athletics, its Area Associations, or its National Federations, and conducted in conformity with World Athletics Rules and for which an application has been submitted to WA (World Rankings Competition Framework). No results will be considered from competitions not submitted to WA and not included into WA Global Calendar. European Athletics reserves the right to establish additional criteria for the acceptance of the results for the purpose of the entry standards, with the aim to preserve the integrity of the sport;

- In regard to the Member Federations, who are on the latest Competition Manipulation Watch List, the consequences, as defined by the World Athletics (please, refer to WA Circular Letter M/49/22), are valid also for the purpose of qualifying to any European Athletics event, including the European Athletics U18 Championships.
- Performances achieved in mixed competitions in track events will not be accepted. Exceptionally, in accordance with World Athletics Rule TR 9, performances achieved in events of 5000m may be accepted in circumstances where there were insufficient athletes of one or both genders competing to justify the conduct of separate races and there was no pacing or assistance given by an athlete(s) of one gender to an athlete(s) of the other gender. For Race Walks the results will always be accepted;
- Wind assisted performances (over 2m/sec) will not be accepted; (For the combined events the conditions set in World Athletics Technical Rule will still be applied for qualification purposes, so at least one of the following conditions shall be satisfied:
 - the velocity in any individual event shall not exceed plus 4 metres per second;
 - the average velocity (based on the algebraic sum of the wind velocities, as measured for each individual event, divided by the number of such events) shall not exceed plus 2 m/s;
- Indoor performances will be accepted;
- Hand-timed performances for events up to and including 800m and 4x100m Relay will not be accepted;
- For Race Walks, results of races conducted using the pit lane will be accepted. Road performances will be accepted;
- For the running events of 200m and over, performances achieved on over-sized indoor tracks will be accepted. Subject to that an oval track length is greater than 201.2m (220 yards) but no greater than 400m; and the event is conducted in a competition area or facility in conformity with the Rules and in respect of which, if held on a temporary facility, a survey has been made in accordance with Rule 10 of the Technical Rules.

Non-sporting eligibility criteria "I run clean"

Each European Athletics Member Federation may enter only those athletes who have received and hold a valid certification for having completed European Athletics Anti-Doping Education Programme – I Run Clean. The certification is to be achieved by all athletes in addition to fulfilling any requirements for the qualification for the event they are entered in.



Appendix 2 – Free Places Quota

European Athletics U18 Championships 2024 Free Places Quota (200 in total)

The allocation of the free places is based on the achieved results (places 1-8) and the number of participants per country at the European Athletics U18 Championships Jerusalem 2022, and the European Season Best-List 2023.

ALB	2	IS
AND	2	IT
ARM	2	K
AUT	2	LA
AZE	2	LI
BEL	4	LT
BIH	2	LL
BUL	3	M
CRO	3	M
CYP	3	M
CZE	7	M
DEN	3	M
ESP	10	NE
EST	4	NO
FIN	7	PC
FRA	10	PC
GBR	10	RC
GEO	2	SL
GER	11	SN
GIB	2	SF
GRE	5	SI
HUN	7	S۱
IRL	3	SV
ISL	2	TL
		U
		-

ISR	2
ITA	11
KOS	2
LAT	3
LIE	2
LTU	3
LUX	2
MDA	2
MKD	2
MLT	2
MNE	2
MON	2
NED	5
NOR	6
POL	9
POR	2
ROU	4
SLO	4
SMR	2
SRB	4
SUI	6
SVK	HOST
SWE	5
TUR	6
UKR	4

<u>Remark</u>

Those Member Federations having been awarded a minimum of 2 (two) free places shall have at least one male and one female athlete competing. SVK as host of the Championships has not been allotted any free place.



Appendix 3 – Ratio of Athletes and Officials

Number of Team Officials Number of Athletes from - to up to (1): 1-3 3 4 - 6 4 7 - 10 7 11 - 15 11 16 - 20 13 21 - 25 17 26 - 30 19 31 - 35 23 36 - 40 25 41 - 45 29 46 - 50 32 51 - 55 37 56 - 60 40 61 - 70 49 Plus 10 +9

Ratio of Athletes & Officials

(1) Team Officials include: Head of Delegation, Team Leader(s), Coaches¹, Medical Staff (medical doctors and physiotherapists), Team Press Liaison and others. The number of above-mentioned team officials is eligible for fixed price accommodation and other benefits. European Athletics will not cover these officials' accommodation costs.

The teams may purchase additional team accreditation (without accommodation and transportation but including accreditation with access to the warm-up, training facilities and team areas) only in case the maximum number of team officials as per the above ratio have been reached and fully used. Those packages will be charged at the rate of EUR 150 for the duration of the Championships and directly incorporated to the invoice of the respective Member Federations.

¹ Coaches also include Personal Coaches



Appendix 4 – List of Official Throwing Implements

Shot 3kg									
CATALOGUE NO. COMPANY		DESCRIPTION	COLOUR*	CERTIFICATION					
РК-3/85	Polanik	Competition, steel, dia: 85mm	Various	I-11-0532					
РК-3/100	Polanik	Competition, steel, dia: 100mm	Various	I-11-0533					
5134300	Nordic Sport	Stainless steel, dia: 109mm	Silver	I-13-0657					

Shot 5kg									
PK-5/115-S	Polanik	Competition, turned stainless steel, dia: 115mm	Metalic	I-00-0234					
PK-5/120	Polanik	Competition, turned steel, dia: 120mm	Various	I-12-0583					
5134500	Nordic Sport	Stainless steel, dia: 100mm	Silver	I-12-0602					
PK-5/110-S	Polanik	Turned stainless steel, dia: 110mm	Silver	I-00-0196					

Discus 1kg									
N1105B	Nelco	Super spin, Stainless steel rim, plastic side, rimglide 70m	Black / Yellow	I-99-0092					
CCD17-1	Polanik	Carbon discus premium line with brass central plate	Black / Gold	I-17-0846					
CCD20-1	Polanik	Competition, Carbon In steel, Turned galvanised steel rim	Black	I-20-1002					

Discus 1.500kg				
CCD19-1,5	Polanik	Competition Carbon IN Steel, galvanized rim	Silver / Black	I-20-1003
CCD14-1,5	Polanic	Full carbon, premium line, carbon sides, brass rim	Various	I-14-0677
N1104BS	Nelco	Super Spin Olympia	Silver / Black / Gold	I-14-0684

Hammer 3kg								
5127300/5120040 Nordic Sport		Nordic stainless steel, Dia: 85mm	Silver	I-12-0611				
PM-3/85/UW/UP-110 Polanik		Competition, steel, Dia:85mm	Various	I-11-0535				
PM-3/95/UW/UP-110	Polanik	Competition, steel, Dia: 95mm	Various	I-11-0536				



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Hammer 5kg								
PM-5/100-M/UP/UW-115 Polanik		Competition, brass, Dia:100mm	Gold	I-00-0205				
PM-5/100/UP/UW-115 Polanik		Competition, steel, Dia:100mm	Various	I-99-0157				
5127500A/5120040 Nordic Sport		Stainless steel, Dia:100mm	Silver	I-12-0613				

Javelin 500gr									
7918500C Nordic Sport Valky		Valkyrie, hybrid carbon	Red	1-20-0996					
SM13-500	Polanik	Competition Space Master, with cigar head	Orange	I-13-0653					
SM12-500 Polanik		Competition Space Master, Aluminium, 65m	Electric Lime	I-12-0623					

Javelin 700gr									
7914703	Nordic Sport	Super Elite, steel	Black/White	I-99-0033					
SM10-700	Polanik	Competition Space Master. with sharp head (zinc)	Electric Lime	I-11-0540					
SM13-700 Polanik		Competition Space Master, Aluminium, 85m	Electric Lime	I-13-0655					

ADDITIONAL IMPLEMENTS may be added to the official list, if requested by Member Federations directly or by manufacturers with the endorsement of a Member Federation, to European Athletics by 1 May 2024, and if supplied to the LOC free of charge.

All such implements must have World Athletics certification and must be approved by the European Athletics Technical Delegates. Four items of each implement must be supplied by the Member Federation or manufacturer concerned and delivered to the LOC by 15 July 2024 at the latest.

PERSONAL IMPLEMENTS shall also be allowed, providing that:

- They have World Athletics certification in force.
- They are in good conditions and the brand is easily recognised.
- They have been checked for compliance with World Athletics Rules.
- They are made available to all the other competitors until the end of the Final.
- They will have to be submitted to the LOC for approval at the location and by the deadline mentioned in the Team Manual.

In order to speed up the checking in of eligible personal implements, please come prepared and consult the World Athletics list on the website (<u>https://www.worldathletics.org/about-iaaf/documents/technical-information</u>) in advance to identify the implement noting its World Athletics certification number.

If you do not find your implement in the list but you believe that it is/was certified, please contact the World Athletics office at <u>technicalofficer@worldathletics.org</u> so that its status can be checked and confirmed to you and the LOC in due time.

According to the new WA Technical Rule 32.2, the personal implements may be of the same models as those on the official list.

Appendix 5 – Timetable

DAY 1	- Thursday Morning,	18 Ji	uly	DAY 2	- Friday Morning, 19	July		DAY 3	- Saturday Morning,	20 July		DAY 4	- Sunday Morning, 21	July	
	100m H Hep	W	Heats	08:55	Hammer Throw	M	QA	09:00	Discus Throw	W	QA	09:00	110m H Dec	M	Heats
09:30	Long Jump	М	QAB	09:00	2000m SC	м	R1	09:05	Long Jump	w	QAB	09:25	High Jump	W	MC
	Shot Put	W	QAB	09:30	Long Jump Hep	w	AB	09:35	100m Dec	М	Heats	09:30	Javelin Throw	М	MC
10:00	High Jump Hep	W	AB	09:40	400m H	W	R1	09:55	Discus Throw	М	MC	09:45	High Jump	Μ	F
	Hammer Throw	W	QA	10:05	Pole Vault	W	QAB	10:01	Shot Put	М	F	10:00	Discus Throw Dec	М	А
11:30	Pole Vault	М	QAB	10:10	Hammer Throw	М	QB	10:05	3000m	w	F	10:40	Long Jump	w	F
	2000m SC	W	R1	10:20	400m H	М	R1	10:10	Discus Throw	W	QB	11:10	Discus Throw Dec	М	В
	400m	М	R1	11:05	400m	W	SF	10:25	1500m	M	F	11:35	3000m	M	F
12:15	Hammer Throw	W	QB	11:28	400m	М	SF	10:30	Long Jump Dec	м	AB	11:55	Pole Vault Dec	м	Α
12:40		W	R1	11:48	Javelin Throw Hep	W	A	10:40	Medley Relay	W	R1	12:05	1500m	W	F
				11:50	200m	W	R1	11:05	Medley Relay	М	R1	12:15	High Jump	М	MC
				12:25	200m	М	R1	11:23	Shot Put	W	MC	12:20	3000m	М	MC
				12:40	Shot Put	М	QAB	11:31	Javelin Throw	w	QA	12:30	Discus Throw	W	F
				12:55	Javelin Throw Hep	W	В	11:40	400m H	М	SF	13:05	Pole Vault Dec	М	В
								12:02	400m H	W	SF	13:45	Long Jump	W	MC
								12:13	Triple Jump	M	QAB	13:50	1500m	W	MC
								12:15	Shot Put Dec	M	AB				
								12:43	Javelin Throw	W	QB				
								13:00	Triple Jump	W	MC				
DAY 1	- Thurday Afternoon,	18 J	uly	DAY 2	 Friday Afternoon, 1 	9 July		DAY 3	 Saturday Afternoo 	n, 20 Ju	ly	DAY 4	- Sunday Afternoon,	21 Jul	у
15:30	100m	М	R1	16:00	High Jump	М	QAB	15:30	Shot Put	М	MC	16:00	Javelin Throw Dec	Μ	Α
	Discus Throw	М	QA	16:45	Hammer Throw	W	F	15:35	3000m	W	MC	16:00	Triple Jump	Μ	F
15:40	High Jump	W	QAB	16:55	110m H	М	SF	15:40	1500m	М	MC	17:00	800m	W	F
16:00	100m	W	R1	17:10	Long Jump	М	н	15:50	High Jump Dec	М	AB	17:10	Javelin Throw Dec	М	В
17:15	Shot Put Hep	W	AB	17:22	100m H	W	SF	17:05	Hammer Throw	М	F	17:12	800m	Μ	F
16:40	110m H	М	R1	17:40	800m	W	R1	17:28	2000m SC	W	F	17:20	Discus Throw	W	MC
16:50	Discus Throw	М	QB	18:10	800m	M	R1	17:40	Pole Vault	м	F	17:30	Pole Vault	W	F
17:20	100m H	W	R1	18:30	Shot Put	w	F	17:44	800m	w	SF	17:33	2000m SC	Μ	F
17:55	1500m	W	R1	18:40	5000m R.Walk	w	F	17:56	800m	м	SF	17:48	800m	W	MC
18:15	Javelin Throw	М	QA	18:55	Triple Jump	W	F	18:12	5000m R.Walk	W	MC	17:55	5000m R.Walk	М	F
18:30	1500m	М	R1	19:10	Discus Throw	М	F	18:20	High Jump	w	F	18:27	800m	М	MC
	Triple Jump	W	QAB	19:20	800m Hep	W	F	18:27	200m	W	SF	18:35	400m H	w	F
	200m Hep	W	Heats	19:45	110m H	M	F	18:42	200m	M	SF	18:45	400m H	M	F
	Javelin Throw	M	QB	20:00	100m H	W	F	18:55	Javelin Throw	M	F	18:55	Javelin Throw	W	F
	100m	M	SF	20:20	100m	w	F	19:15	400m	M	F	19:20	1500m Dec	M	F
	100m	w	SF	20:30	100m	M	F	19:27	400m	w	F	20:05	Medley Relay	w	F
	Opening Ceremony		<u>.</u>	20:40	Long Jump	M	MC	19:45	400m Dec	M	Heats	20:16	Medley Relay	M	F
				20:45	Hammer Throw	w	MC	20:05	Hammer Throw	M	MC	20:25	400m H	w	MC
				20:50	Heptathlon	w	MC	20:15	200m	w	F	20:30	400m H	M	MC
				20:55	110m H	M	MC	20:25	200m	M	F	20:35	2000m SC	M	MC
				21:00	100m H	W	MC	20:33	400m	w	МС	20:40	Javelin Throw	W	MC
				21:05	100m	w	MC	20:33	400m	M	MC	20:40	Pole Vault	W	MC
				21:10	100m	M	MC	20:30	200m	W	MC	20:50	5000m R.Walk	M	MC
<u> </u>				21.10	1.VVIII		mo	20:43	200m	M	MC	20:55	Triple Jump	M	MC
								20:53	2000m SC	W	MC	21:00	Decathlon	M	MC
<u> </u>								20:58	Pole Vault	M	MC	21:00	Medley Relay	W	MC
								20.00		171	MO				
												21:10	Medley Relay	м	MC

Appendix 6 – List of Team Accommodation, City Map and Venues

General Map of Banská Bystrica

Δ

SNP Stadium Competition Venue and Warm-Up Venue (including Pole Vault and Long Throws training)

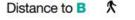
B

UMB Stadium Training Venue

TEAM ACCOMMODATION

1. Dormitory 1 and 3

University of Matej Bel Distance to A 🖚 10 min 20 min Distance to A x 2 min

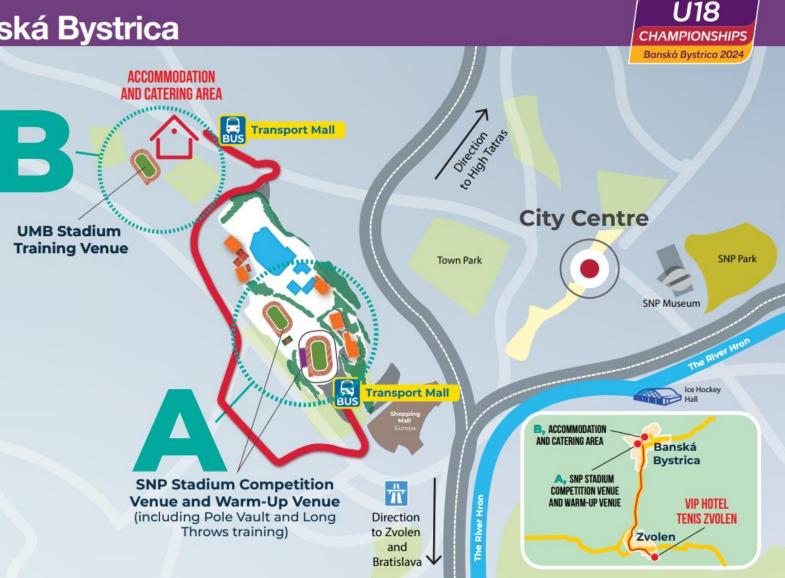


2. Dormitory C1 and C2

High School of IT Distance to A 8 min Distance to A 18 min x * Distance to B 7 min



Distance to A 🖚 25 min Distance to B 🚗 30 min



ATHLETICS



Appendix 7 - SNP Dukla Stadium Competition Venue - CERA



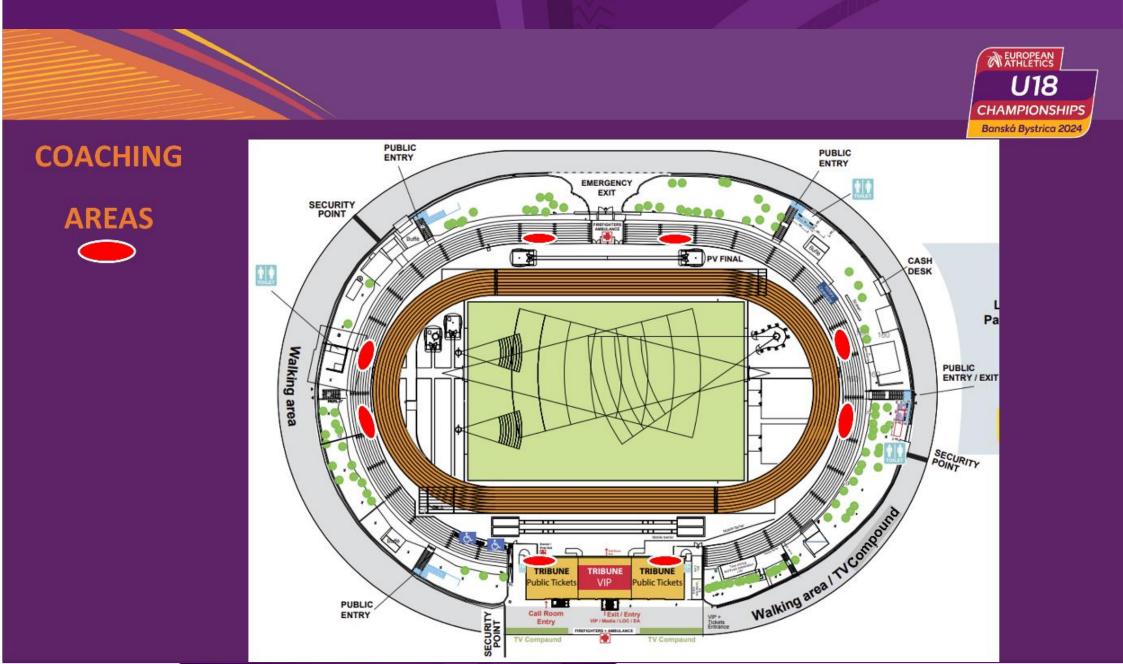




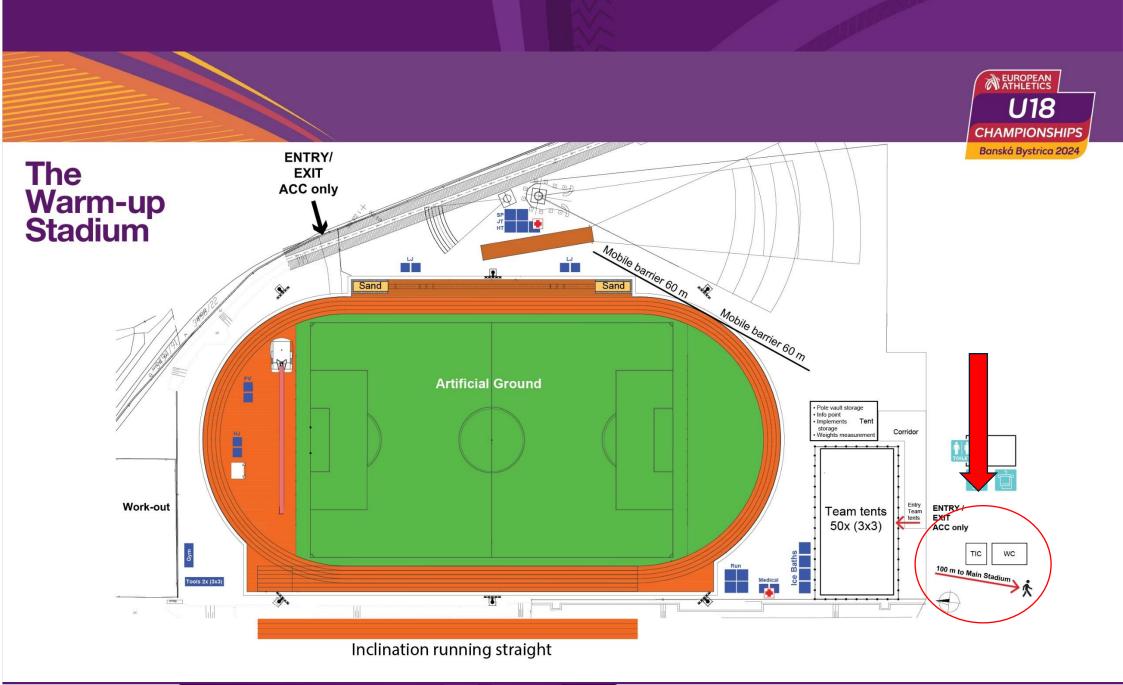




Appendix 8 – Infield Layout, Coaching Zones and TIC Location



Appendix 8 – Infield Layout, Coaching Zones and TIC Location

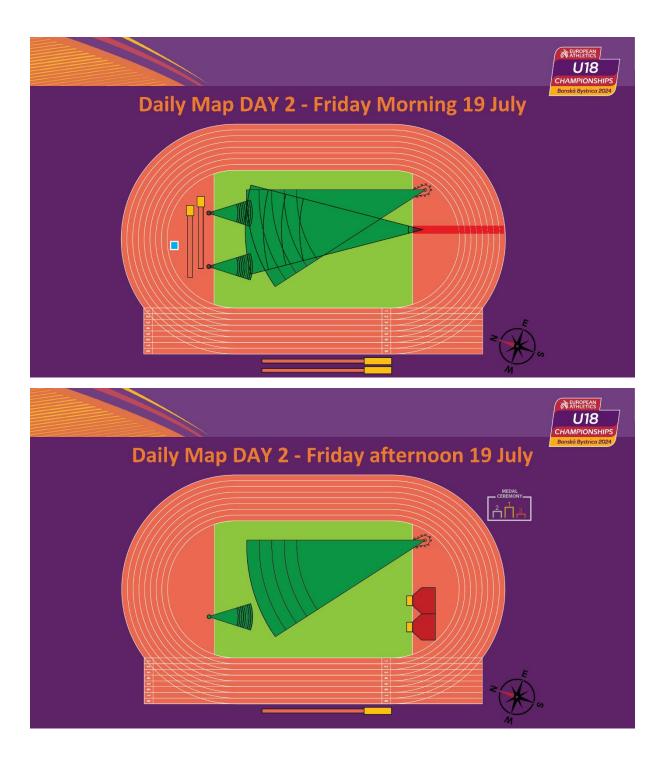




Appendix 9 – Daily Maps





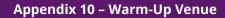


















Appendix 12 – Key dates and General Programme

Date	Time	Event	Place
15.07.2024	14:00-22:00	Team Accreditation Centre open	Team Dormitory 3 of University Matej Bel (Meeting Room 006)
16.07.2024	18:00	Deadline for submitting written questions for the Technical Briefing	Virtual TIC
16.07.2024	20:00	Final Confirmation of Entries for Day 1	Virtual TIC
17.07.2024	9:00	Official Training for Athletes	SNP Dukla Stadium
17.07.2024	9:00	Orientation Visit and Technical Briefing	TIC (meeting point)
18.07.2024	20:18	Opening Ceremony	SNP Dukla Stadium
18.07.2024	14:00	Team Leaders Daily Meeting N°1	TIC



